

# Hethersett Woodside Primary and Nursery School

MARCH 2026



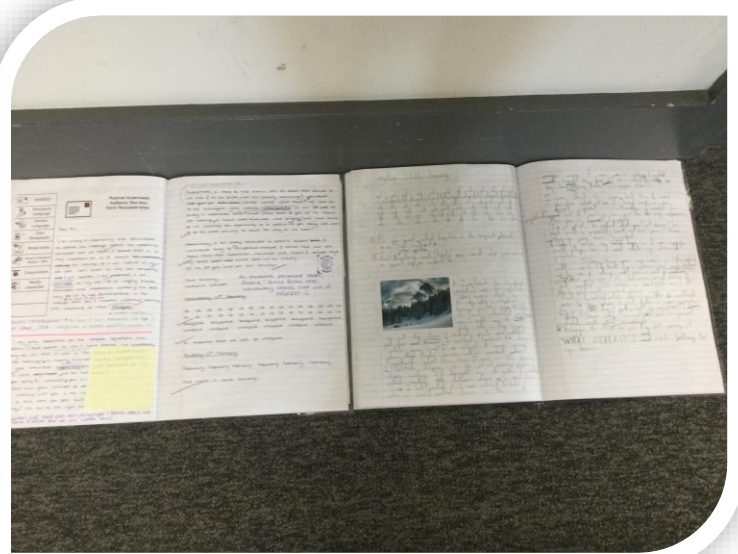
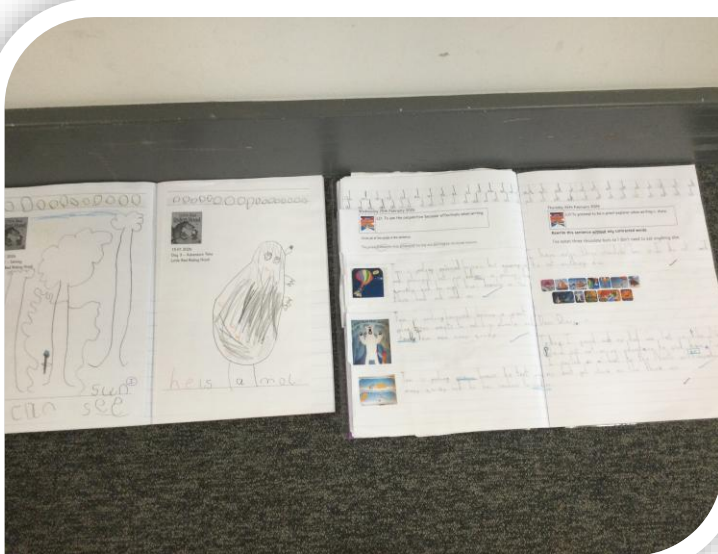
## WELCOME

### Welcome to March and hopefully the start of spring, warmer weather!

We are now at the halfway point in the school year, and I am delighted with the progress the children at Woodside are making. Pupil Progress meetings are held half termly with class teachers and TAs, and Mrs Easey and myself are always impressed with the knowledge of the class staff and their absolute determination to ensure your children make the most progress possible.

Many visitors are welcomed to our school every week, and over the last fortnight we have welcomed a local Head teacher and several Inclusion experts. They have each been so impressed with the behaviours of all children, and the standard of learning across the school.

Here is a snapshot of some writing from our youngest learners all the way to the oldest at Woodside.



Thank you for the support you give at home - it makes a huge difference to your child's learning journey.

We look forward to welcoming you to the upcoming parent's evenings - please book an appointment if you haven't already done so.

Louise Mainwaring  
Head teacher



# DIARY DATES

March				
4 March	1.15pm	R.E Visitor	Year 2 Pupils	Year 2 Classrooms
4 March	2.30pm	Year 1 Phonics Meeting	Year 1 Parents	School Hall
5 March		World Book Day - Pyjamas/Comfy Clothes	Whole School	
5 March	3.00pm	Book Sale	All welcome	Playground
10 March	3.30pm-7pm	Parent's Evening	Nursery - Year 6	Main School Building
11 March	1.30pm	Local Library Trip	Laurel Class	Hethersett Library
11 March	3.30pm - 6pm	Parent's Evening	Nursery	Main School Building
12 March	9am-12	Early Help Advisor Meetings	By appointment	Sapling Meeting Room
12 March	3.30pm-7pm	Parent's Evening	Nursery - Year 6	Main School Building
16 March	8.25am	Nursery Individual/Sibling School Photos	Nursery Children and Siblings	Nursery Building
16 March	9.15am	Norfolk County Music Festival	Woodside Choirs	The King's Centre, Norwich
16 March	3.30pm	Y4 Overstrand Residential Parent Meeting	Year 4 Parents	School Hall
16 March - 18 March	9am	Hearing & Vision Checks	Reception Pupils	Sapling Meeting Room
18 March	12.30pm	Multi-skills Festival	Year 1	Easton College
18 March	1.30pm	Local Library Trip	Hazel Class	Hethersett Library
19 March	9.30am	Y6 to view Hethersett Academy Performance	Year 6	Hethersett Academy
19 March	2pm	Spring Concert	Parents of performers invited	School Hall
24 March	2pm	Nursery Stay and Play	Nursery Parents	Nursery
24 March	3.15pm	Art Gallery - Nursery/Reception/Year 1	Parents invited to view gallery	School Hall
25 March	2pm	Rocksteady Concert	Parents of Rocksteady Children Invited	School Hall
26 March	9.15am	Bressingham Trip	Reception Classes	Bressingham Steam Museum
26 March	11am	Nursery Stay and Play	Nursery Parents	Nursery
26 March	1.45pm	Easter Stay and Play	Orchard Class Parents	Orchard Class

27 March		School Closes for Easter Holidays - Usual Collection Times Apply		
<b>April</b>				
14 April	8.40am	School re-opens following Easter holidays		
15 April	3.30pm	NSSP Year 5/6 Netball League Warm Up	Selected Y6/Y6 Pupils	
22-24 April		Overstrand Hall Residential	Year 4	Overstrand Hall
23 April	4pm-8pm	CASMA Rehearsals and Concert	Oak Choir	St. Peter Mancroft, Norwich
28 April	1.30pm	Year 4 Maths Challenge	Selected Y4 Pupils	Online
29 April	1.30pm	Local Library Trip	Holly Class	Hethersett Library
29 April	3.30pm	NSSP Y5/Y6 Netball League	Selected Y5/Y6 Pupils	
<b>May</b>				
4 May		School Closed - May Bank Holiday		
6 May	1.30pm	Local Library Trip	Chestnut Class	Hethersett Library
7 May	12.30pm	Multiskills	Reception	Easton College
11-14 May		Year 6 SATS	Year 6	
11 May	2.30pm	SEND Surgery	By appointment	
13 May	1.30pm	Local Library Trip	Sycamore Class	Hethersett Library
14 May	9am	Y4 Norwich Castle Trip	Year 4	Norwich Castle
20 May	12pm	Local Mosque Trip	Year 2	Hethersett Mosque
20 May	1.30pm	Local Library Trip	Rowan Class	Hethersett Library
20 May	3.15pm	Art Gallery Y5 & Y6	Parents invited to view gallery	Main Hall
21 May		Census Day, Special Menu - Details to follow		
21 May	3.15pm	Art Gallery Y2, Y3, Y4	Parents invited to view gallery	Main Hall
22 May		School closes for Half-Term - Usual Collection Times Apply		

## REMINDERS

- **Absences** - Please ensure you call the School Office and leave a message on the Absence voicemail **EACH DAY** your child is not attending school, leaving their name, class, your name and the reason for non-attendance, including symptoms if they are unwell. **This is the case for main school and nursery.**

# ATTENDANCE

Our target for each class is **96%**

	W/C 02/02/26	W/C 09/02/26	W/C 23/02/26
Rowan	97%	96%	97%
Sycamore	96%	96%	98%
Chestnut	93%	95%	94%
Holly	100%	99%	97%
Hazel	99.64%	98%	99%
Laurel	99%	99%	95%
Beech	98%	<b>100%</b>	98%
Lime	97%	98%	98%
Cedar	97%	97%	98%
Hawthorn	99%	98%	97%
Ash	98%	98%	98%
Birch	97%	97%	97%
Elm	99%	92%	95%
Maple	92%	98%	96%

## VOLUNTEERING & VACANCIES

### Volunteering Opportunities at Hethersett Woodside

Join us in making a positive impact at Hethersett Woodside Primary and Nursery School!

Volunteers play a vital role in enhancing our school community, whether by reading with students, volunteering in classrooms or within Nursery, or joining school trips.

To become a regular volunteer, we cover the costs of the DBS check.

To register your interest in becoming a volunteer, please contact the School Office:

01603 810674

[office@hethersettwoodside.org.uk](mailto:office@hethersettwoodside.org.uk)

Your involvement is highly valued and we look forward to welcoming you to our school community.

**Nursery BANK STAFF WANTED!**

- Want to try out working in a Nursery without committing to a permanent post?
- Want to learn from experienced nursery staff?
- Want to gain experience of working with children in an Early Years setting?

**Then we have just the post for you!!**  
**Relief staff wanted in our Nursery on an ad hoc basis**

£13 an hour  
 DBS check arranged by us!

If you would like to express your interest, please email us on [office@hethersettwoodside.org.uk](mailto:office@hethersettwoodside.org.uk)  
 Or call on 01603 810674

# CURRICULUM NEWS

## Learning in Year 2

Earlier on this term both Year 2 classrooms were full of excitement recently when a visiting scientist brought an incredible selection of bugs and reptiles for them to explore. Both classes had the opportunity to get up close to a range of fascinating creatures while learning about where they live, what they eat, and how they survive in the wild. The sessions were interactive and full of wonder, with the children asking brilliant questions and showing great courage as they observed and, in some cases, gently handled the animals. Smiles, laughter, and curiosity filled the room as pupils discovered just how amazing the natural world can be. Some children were incredibly proud of themselves for interacting with the animals despite being a bit nervous - well done them! It was a fantastic experience that has truly inspired them!



Recently our classes have become expressionist artists, taking inspiration from Van Gogh, Kandinsky and Lee Krasner. Using special items from home, they created sculptures to draw using continuous line drawing, helping them observe and sketch with confidence and a new mindset - "art can't be wrong, it's what you want it to be!". The children also mixed primary colours to create secondary colours, just like a real artist's palette. The sessions were full of creativity and laughter, and we're excited to showcase their wonderful artwork at the art gallery later this year!



## Learning in Year 4

Our learning in History this half term has been about The Vikings. The children have been enthusiastic about this topic and have demonstrated excellent enthusiasm and understanding about Viking homes, jobs and in particular Viking invasions.

We were visited by a Viking called Thorwulf Hamrsson, who spent the day with us. He was impressed with Year 4's knowledge about Vikings and showed us some Viking artefacts including utensils and drinking vessels and Viking weapons and armour. The children played a Viking game, tackled a quiz to test their knowledge and watched as he 'minted' some Viking coins. In order to immerse ourselves into the day, we dressed as Vikings (staff too!). We were so impressed with how fantastic the Year 4 children were, a great day was had by all.



# INCLUSION

## Supporting processing speed at home

Some children need extra time to process what they have seen or heard. This can be linked to understanding instructions or retaining new learning.

Things you can do at home to help:

**Over learning** - Short, repetitive tasks help children cement their learning into their long-term memory.

**Allowing extra time** - children may need time to process what is being asked, give quiet time to respond rather than repeating the instruction again.

**Give visual support** - a timetable, checklist or picture cues may help your child remember routines and procedures

**Knowledge Vs quantity** - praise knowledge gained rather than the amount of work completed as children with slower processing may not complete the same amount of work as their peers.



Alice Jefferson -  
SENCo



## Free Online Parent & Carer Webinars

Free Online Webinars: Feb - March 2026

### Join Our Spring Term Webinar Series!

The PINS Spring Webinar programme offers a series of free, supportive online sessions designed to help families better understand and support neurodiverse children — both at home and in school.

These sessions are part of PINS (Partnerships for Inclusion of Neurodiversity in Schools), a Norfolk programme working alongside families and schools to create inclusive, understanding learning environments for every child.

- ✓ Free to attend
- ✓ Online – join from home
- ✓ Welcoming and practical
- ✓ No diagnosis or prior knowledge needed

### When?

Understanding neurodiversity in school

- Social communication and friendships
- Masking and emotional wellbeing
- Behaviour as communication
- Inclusive school cultures
- Working positively with families
- Supportive learning environments

### Who is it for?

These sessions are designed to be supportive, practical and understanding.

Whether you're just beginning to explore neurodiversity or looking for new ideas, you'll find insight, reassurance and encouragement.

All sessions are free and delivered online via Microsoft Teams. Joining links are attached with QR codes as an option. Join as many sessions as you like — even just one can make a difference.

Session and session title	Date/Time Presenter	Audience	Session detail and Registration link
<b>Session 9.</b> Behind the Mask: Thinking about why children mask and how home and school can work together	<b>26th Feb 1000-1100</b>  Family Action Norfolk	<ul style="list-style-type: none"> <li>• Governors</li> <li>• SLT</li> <li>• SENDCO</li> <li>• Teachers</li> <li>• Parent/Carers</li> </ul>	<a href="#">NORFOLK PINS 2026: Session 9</a> 
<b>Session 12.</b> Plan Bee Taster: Understanding and Supporting Neurodivergence at home and at school	<b>3rd March 0930-1100</b>  Family Action Norfolk	<ul style="list-style-type: none"> <li>• Governors</li> <li>• SLT</li> <li>• SENDCO</li> <li>• Teachers</li> <li>• Parent/Carers</li> </ul>	<a href="#">Norfolk PINS 2026: Session 12</a> 
<b>Session 14.</b> A Low Demand Approach - Looking at demand anxiety and strategies to help	<b>5th March 1000-1100</b>  Family Action Norfolk	<ul style="list-style-type: none"> <li>• Governors</li> <li>• SLT</li> <li>• SENDCO</li> <li>• Teachers</li> <li>• Parent/ Carers</li> </ul>	<a href="#">NORFOLK PINS 2026: Session 14</a> 
<b>Session 17.</b> Plan Bee Taster: Understanding and Supporting Neurodivergence at home and at school	<b>10th March 1530-1700</b>  Family Action Norfolk	<ul style="list-style-type: none"> <li>• Governors</li> <li>• SLT</li> <li>• SENDCO</li> <li>• Teachers</li> <li>• Parent /Carers</li> </ul>	<a href="#">NORFOLK PINS 2026: Session 17</a> 
<b>Session 18.</b> Anger or Anxieties? Thinking about emotional distress and how it can present.	<b>12th March 1000-1100</b>  Family Action Norfolk	<ul style="list-style-type: none"> <li>• Governors</li> <li>• SLT</li> <li>• SENDCO</li> <li>• Teachers</li> <li>• Parent/ Carers</li> </ul>	<a href="#">NORFOLK PINS 2026: Session 18</a> 
<b>Session 20.</b> Masking - What It Looks Like, Why It Happens, and How We Can Support (evening)	<b>12th March 1900-2030</b>  Dr Pooky Knightsmith	<ul style="list-style-type: none"> <li>• Governors</li> <li>• SLT</li> <li>• SENDCO</li> <li>• Teachers</li> <li>• Parent/ Carers</li> </ul>	<a href="#">NORFOLK PINS 2026: Session 20</a> 

# PASTORAL NEWS

Hello again, families!

In the past I have spoken about the importance of looking outward with empathy. This week, we're turning our focus inward. In the journey of childhood, "storms"—in the form of friendship issues, difficult math problems, or a missed goal on the pitch—are inevitable. This is not necessarily as problematic as we may think. Our goal isn't to clear every obstacle out of our children's paths, but to give them the emotional resilience and intelligence to navigate those paths with confidence.

Understanding the "Emotional Thermometer"

Emotional Intelligence is the ability to identify and manage emotions. Think of it like a thermometer: when we understand our internal temperature, we can take steps to cool down before we boil over.



**Kev McCabe and Michelle Larwood - Pastoral Team**

## The Two Pillars of Growth

Feature	What it looks like in Primary School
Emotional Intelligence	A student saying, "I feel frustrated because this work is hard," instead of throwing their pencil.
Resilience	A student trying again after making a mistake.

## How to Help Your Child "Bounce Back"

Resilience is like a muscle; it needs regular exercise to grow strong. Here are three ways to build that "bounce-back" factor at home:

Normalize Mistakes: Share your own "oops" moments. If you burn the toast or miss a turn while driving, model a calm reaction. Use phrases like, "That didn't go to plan, but I can fix it."

Move from "I Can't" to "Not Yet": This simple shift in language—the Growth Mindset—reminds children that their abilities are constantly evolving.

**The "Feelings First" Rule:** Before jumping to a solution for a problem, validate the emotion. "It makes sense that you feel disappointed about the team selection. It's okay to feel that way." Once the emotion is acknowledged, the brain is much readier to problem-solve.

## The "Cooldown" Toolbox

Help your child create a mental (or physical) toolbox for when big feelings hit. This might include:

Box Breathing: Breathe in for 4, hold for 4, out for 4, hold for 4.

The 5-4-3-2-1 Technique: Name 5 things you see, 4 you can touch, 3 you hear, 2 you smell, and 1 you can taste.

Positive Self-Talk: Having a "power phrase" like "I can handle this" or "I've done hard things before."

"Resilience is not about being 'tough'—it's about being brave enough to experience a setback and kind enough to yourself to try again."

**We see so much bravery in our classrooms every day. Thank you for supporting us as we help our students/your children to build the inner strength they'll carry for a lifetime.**

## The "Emotional Toolbox": Tools for the Journey

When we talk about an "Emotional Toolbox," we aren't just talking about a metaphor. For a child, having a concrete set of strategies to reach for when they feel overwhelmed is the difference between an emotional "meltdown" and an emotional "breakthrough."

Think of these tools as the "first aid kit" for the mind. They help bridge the gap between a big feeling (the trigger) and a thoughtful reaction (the outcome).

## What's Inside the Toolbox?

**We categorise these tools into three main types to help children identify exactly what they need in the moment:**

**Calming Tools (To Lower the Heat)**

These tools help physically calm the nervous system when a child feels "red" (angry) or "yellow" (anxious).

**The "Dandelion" Breath:** Imagine holding a dandelion. Breathe in deep through the nose, then blow the seeds away with a long, slow exhale.

**The 5-4-3-2-1 Grounding Method:** This pulls the brain out of a "worry spiral" and back into the room.

5 things you can see

4 things you can touch

3 things you can hear

2 things you can smell

1 thing you can taste

**Thinking Tools (To Change the Perspective)**

Once the body is calm, the "thinking brain" can come back online.

The "Size of the Problem" Check: Is this a Tiny Problem (lost a pencil), a Medium Problem (argument with a friend), or a Big Problem (someone is hurt)? Matching the reaction to the size of the problem is a core EQ skill.

Positive Self-Talk: Replacing "I can't do this" with "This is hard, but I am learning."

**Action Tools (To Release Energy)**

Sometimes, children need to do something to process an emotion.

The "Wall Push": Push against a wall as hard as possible for 10 seconds to release pent-up frustration.

The "Glitter Jar": Shake a jar of glitter and water; watch the glitter settle as a reminder that thoughts will settle too.

**Creating a Physical Toolbox at Home**

You don't need fancy equipment! You can use a shoebox or a small basket and fill it with:

A stress ball or playdough (for tactile release).

A "Comfort Card" with a list of three people they can talk to.

A bubble wand (to encourage deep, controlled breathing).

A favourite book or a photo of a happy memory.

Why It Works

By giving these tools names and physical forms, we take the "scary" out of big emotions. We teach children that while they cannot always control how they feel, they are always in charge of what they do with that feeling.

As always, thank you all for your continued support of our wonderful school,

Mr McCabe

**Early Help Appointments for Parents – Last Few Appointments Remaining!**

Our Early Help Community workers for South Norfolk will be visiting school for a second session in March. They will be available to chat with parents about family concerns (for example - support for children's behaviour, mental health and wellbeing, finances, parenting support, local groups and community provision and much more) and share signposting, information and advice. They can also support with making external referrals where required.

If you would like to meet with the Early Help Community workers at school **there are limited appointments remaining for our March session.**

This session takes place on **Thursday 12th March (morning)**. If you would like to book an appointment, please click on the link below:

[Early Help Community Worker Appointments](#)

If you require any further information, please contact the School Office and ask to speak to Nicola Ingham.

# P.E NEWS

## PE lessons - earrings and correct kit

Last year we informed parents about a change in PE safety legislation concerning earrings. The guidance is not a school decision, but a directive from the national PE Association:

### - ALL earrings to be removed at home on PE days

- If a child has had their ears pierced very recently (within the last 6 weeks), we do not expect them to be removed, but we will be required to tape them for PE lessons
- Should your child arrive at school for PE wearing earrings, we will ask them to remove them

If your child is unable to remove them independently, we may need to ask you to come to school to assist.

A polite reminder that all children must be wearing PE kit on their PE days. Should they forget their kit, we will request you bring this to school in time for the lesson.

Thank you for your support

## March P.E Challenges!

This March, have a try at one of our group games to enjoy with friends. Have a try at playground classic 'What's the time Mr Wolf?' or explore shadows when the sun appears with 'Shadow Tag'!

### What's the Time Mr Wolf?



Get Set 4  
Education

**What you need:** 2 or more people

#### How to play:

- One person begins as 'Mr Wolf' and starts facing away from everyone else approx. 8m away.
- Everyone asks 'What's the time Mr Wolf?' Mr Wolf calls out a time.
- Whatever time is called is the number of steps you are allowed to take towards Mr Wolf.
- If Mr Wolf calls 'dinner time!', everyone must run away from Mr Wolf.
- Whoever is caught returns to the start line.
- The winner is the player who touches Mr Wolf.



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[www.getset4education.co.uk](http://www.getset4education.co.uk)

### Shadow Tag



Get Set 4  
Education

**What you need:** A sunny day, two plus players, two socks (optional)

#### How to play:

- First, find your shadow. Change direction and explore the effect it has on your shadow. Discuss with a family member how the angle of your shadow is affected by the location of the sun.
- Try chasing your own shadow.
- Select one player to begin as the tagger. They tag other players by stepping on their shadow. Once caught, players change roles.
- Playing with just two players? First to three tags wins that round. First to win 5 rounds wins the game.
- Change the game by allowing players to throw socks at the shadow instead of stepping on them.



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# NORSE RECIPES

This month, the Norse team share the recipe for their ever popular 'Iced Sprinkle Cake'!


Have a go at baking this delicious family favourite and topping with rainbow sprinkles!

# E-SAFETY

This month, please take a look at the following information about Roblox.

Although Roblox has an age rating of 7 years + there are lots of hidden dangers - particularly around chatting to strangers. Please read the below parental guidance around setting safety measures and how to monitor your child's usage.

# PREMIER EDUCATION - WRAPAROUND CARE



**Academic year 2025-26**  
**Wraparound Care for Hethersett Woodside Primary & Nursery School**

Before and after school care every day the school is open to children, along with multi-activity camps during the school holidays and teacher training days.

premier-education.com Premier Education Excellent Trustpilot

Please take a look at upcoming events from Premier Education, our wraparound care providers at Hethersett Woodside!

If you would like to book a session with Premier please click the below link

[Premier Education](#)



**FREE Taster Session**  
**Wraparound Care FOR FREE!**

Let your child experience the full excitement of our Wraparound Care at Hethersett Woodside Primary School on Friday 20th March 2026

**They'll take part in our 3 powerful pillars:**

- Active & Creative Minds - imagination, expression & curiosity
- Enrichment & Wellbeing - resilience, calm, mindfulness & growth
- Physical Development - movement, fitness, games & confidence

**Why parents love WAC!**

- Fun, structured sessions every day
- Safe, supportive and welcoming environment
- Highly trained, friendly staff
- A balance of creativity, enrichment and physical activity
- Confidence-boosting and independence building
- Extended hours to support busy families
- Healthy snack provided

**BEFORE SCHOOL SESSION** **AFTER SCHOOL SESSION**

HAVE ANY QUESTIONS OR WANT TO KNOW MORE ABOUT OUR OFFER PLEASE EMAIL: franklin-brown@premier-education.com

premier-education.com Premier Education

# WORLD BOOK DAY

Thursday 5<sup>th</sup> March

STORYTELLING AND ROLE-PLAY ACTIVITIES

DURING WRAPAROUND CARE, WE WILL EXPLORE ONE OF 22 DIFFERENT BOOKS, WITH CHILDREN CHOOSING THEIR PREFERRED STORY

YOUR CHILD IS WELCOME TO DRESS UP IN THEIR WORLD BOOK DAY COSTUME!

**MORE INFO...**

Please note, if you would like your child to participate, you'll need to book them onto the full after school wraparound session.

Please book early to avoid disappointment.

Bookings can be made via our website - simply select the wraparound session for Thursday 5<sup>th</sup> March.

**BOOK NOW!**

premier-education.com Premier Education

# BRITISH SCIENCE WEEK

13th - 22nd March

A WEEK DESIGNED TO PROMOTE CURIOSITY AND SCIENTIFIC AWARENESS.

PRACTICAL EXPERIMENTS INCLUDING LEMON VOLCANOES, GROWING RAINBOWS, AND RAIN CLOUD ACTIVITIES

PLEASE PROVIDE SPARE CLOTHING, AS SOME ACTIVITIES MAY BE MESSY

**MORE INFO...**

Please note, if you would like your child to participate, you'll need to book them onto the full after school wraparound session.

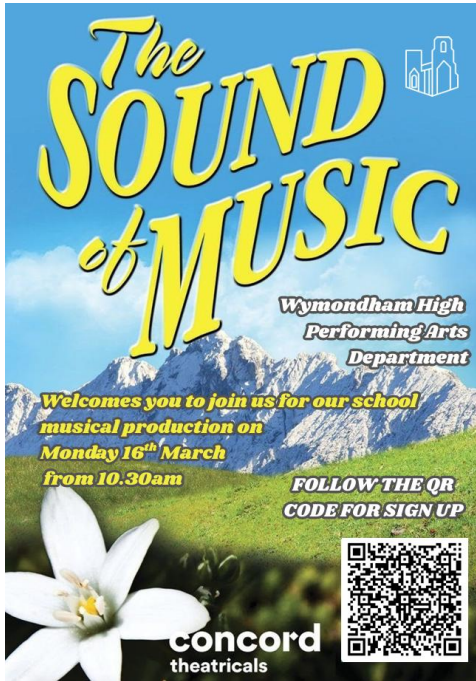
Please book early to avoid disappointment.

Bookings can be made via our website.

**BOOK NOW!**

premier-education.com Premier Education

# COMMUNITY NEWS



**The SOUND of MUSIC**

Wymondham High Performing Arts Department

Welcomes you to join us for our school musical production on **Monday 16<sup>th</sup> March from 10.30am**

**FOLLOW THE QR CODE FOR SIGN UP**

**concord**  
theatricals



**ADHD in the family or born preterm?**

Will your child be 16-21 months between now and September 2026? The University of East Anglia in Norwich are looking for toddlers who were born preterm\* or have a family history of ADHD\*\* to take part in research exploring how early attention and memory skills develop.

Visit our baby-friendly lab in Norwich for a short and fun session (under 1 hour). Your toddler will watch colourful animations while we use simple, baby-safe measures to learn about early attention and development. Families receive:

- £10 voucher
- Small gift
- Free parking/transport
- Weekend appointments available

**Interested? Get in touch today!**

✉ child.scientist@uea.ac.uk  
 📧 ddllabs.uea.ac.uk  
 ☎ 07789 942976

Scan to find out more @DDPSYUEA

\* Preterm birth: children born before 37 weeks.  
 \*\* Family history of ADHD: parent or older sibling has ADHD (diagnosed or suspected)



**WYMONDHAM COLLEGE**  
A World Class State Boarding and Day School

**Year 7 Boarding Places Available**

**Explore. Discover. Belong.**

Join our Senior School Boarder Taster Evening:  
**Friday, 6 March - 18:00 to 20:30**

Register to book your place now:  
<https://www.wymondhamcollege.org/home/admissions/open-events-and-tours>

Ofsted outstanding for boarding and education  
 No VAT on boarding fees



Hethersett Woodside Primary and Nursery School

**PRE-LOVED UNIFORM SALE!**

**SAVE £££ ON SCHOOL CLOTHES!**

**WHY BUY PRE-LOVED?**

- All money raised is donated to the FOWS Charity which supports the school
- Donations are always welcome, and are essential for us to keep pre-loved uniform shop open!

Great Bargains for Growing Kids!

Swap, Save & Recycle!

SCAN ME

**UNIFORM DONATIONS**

Find us on Facebook - 'Hethersett Woodside Preloved Uniform', fows@hethersettwoodside.org.uk  
 Registered Charity Number: 281769



**Friends Of Woodside FOWS**

**VOLUNTEERS NEEDED!**

Help us make our school events amazing!

- ✓ Boost school funds
- ✓ Meet other parents
- ✓ Have fun for a good cause!

From as little as 30 minutes, your help makes a BIG difference!

**VOLUNTEER TO HELP WITH:**

- ★ Summer Fayre
- ★ Disco Nights
- ★ Christmas Fayre
- ★ Event Planning
- ★ Event Preparation

SCAN FOR FB PAGE

**UNIFORM DONATIONS**

Friends of Woodside FOWS  
 fows@hethersettwoodside.org.uk  
 Registered Charity Number: 281769

So you can use Volunteer Time Off (VTO) if your employer offers it!



**Happy Healthy Hethersett**

Do you know about Hethersett Environmental Action Team's **Tree Project?**  
**100,000 to be planted by 2030!**

Since 2025  
 >7000 trees planted at the Strategic Gap  
 840 saplings planted at The Back Pocket Forest - December 25  
 >1000 tiny tree saplings fostered  
 25+ trays of tree seeds sown

**Can you help?**

Do you have any space for native trees or hedges to help increase Hethersett's biodiversity?

Do you have any stray tree saplings in your gardens to donate to our tree nursery?

Would you like to foster a mini forest? Can you help plant trees?

Watch out for details of our Tree Festival event in March 2026  
 Follow us on Facebook – Hethersett Environmental Action Team

If you would like to help, please contact our village Tree Warden:  
 Email: [cllr.aedwards@hethersettparishcouncil.gov.uk](mailto:cllr.aedwards@hethersettparishcouncil.gov.uk)  
 Or the Parish Council Office: [office@hethersettparishcouncil.gov.uk](mailto:office@hethersettparishcouncil.gov.uk)