

# Hethersett Woodside Primary and Nursery School

APRIL 2025



## WELCOME

The end of the Spring term seems to have arrived so quickly! I really hope you all enjoy a relaxing Easter break, and that the sun continues to shine.

This term has been as busy as always; children enjoying learning and a range of enrichment activities. May I thank you all for supporting the many charity events which we have held, it is lovely to see the children being entrepreneurial and keen to help others.

I have been fortunate to be involved in Pupil Progress meetings this term. These meetings are held in the school day with teachers and TAs talking about the progress their class are making. We focus specifically on any learners who require additional support to reach their potential, and I have been so impressed with the class staff's knowledge and support of the children. Teachers may be asking you to support children at home in different ways over the coming weeks.

See you all back in school on Wednesday 23rd April.

### **Communication at Woodside**

This aspect of school life is mentioned as an area we need to do better at. From after Easter, ALL letters from school will be emailed out from the school office via Pupil Asset. This means any further information or clarity required will be able to be directed to the staff in the office, who will be able to answer these. We hope this will alleviate communication issues, and ensure you only receive important information once. Please do feed back to us if you feel you have suggestions on improving communication further.

### **Attendance at school**

Thank you to all those parents / carers who telephone us promptly and on each day of absence. It is part of our safeguarding duty to ensure we know where children are if absent from school.

If you leave a message on the absence line, please ensure you detail the reason for illness

(e.g. diarrhoea and vomiting, severe chest infection, chicken pox etc). If your child has a minor cold, cough, aching limbs or is tired, please ensure you bring them to school; inform the staff member and we will call you if they deteriorate and need to be at home. If your child is unwell in the morning, and then presents as well during the day, please bring them to school (they can arrive in the middle of the day if they have recovered). If they are vomiting, it is advisable to be absent from the setting for 48 hours, however there are times when the sickness could be related to coughing rather than a sickness bug - we leave this decision to you as their parents / carers.

Thank you for your support.

Mrs Louise Mainwaring

Head Teacher



## DIARY DATES

Date	Time	What	Who	Place
<b>April</b>				
3 April	11am	Dance Show	Selected Year 1 Children	The Space, Norwich
3 April	3.30pm	Nursery Parent's Evening		Nursery Building
4 April		Hethersett Hundred Chocolate Lucky Dip and Non-Uniform Day		
4 April		Last day of term		
23 April		Back to school - Summer Term		
23 April	1.30pm	Local library trip	Lime class	Hethersett Library
24 April		Premier Education Enrichment Day	KS2	
25 April	9am	Dinosaur Park Trip	Year 1	Roarr Dinosaur Park
25 April	9am	Theatre Royal Trip - Pig Heart Boy - Info to follow	Year 6	Theatre Royal
28 - 30 April		Cedar Class Whitwell Hall Residential	Cedar Class	Whitwell Hall
30 April - 2 May		Hawthorn Class Whitwell Hall Residential	Hawthorn Class	Whitwell Hall
29 April	1pm	Buddhism - Visitor	Years 3 and 6	
30 April		Premier Sports Enrichment Day	EYFS & KS1	
30 April	3.30pm	Netball Tournament	Selected Year 5/Year 6 Pupils	City Academy

<b>May</b>				
1 May		Nursery Individual and Siblings Photos	Squirrels and Hedgehogs	Nursery
5 May		May Bank Holiday - School Closed		
6 May	11.45am	Obstacle Course Challenge- Details to follow	Year 4	Eaton Vale
7 May	12.30	Multiskills	Reception	Easton College
7 May	1.30pm	Local library trip	Laurel	Hethersett Library
14 May	1.30pm	Local library trip	Hazel	Hethersett Library
15 May		Census Day - 'Seaside Theme' - Non-Uniform Day and Special Menu - Info to follow	Whole School	
16 May		Non - Uniform Day (in exchange for Tombola Prize for Summer Fayre)	Whole School	
16 May	9.30pm	Year 6 Memorial Park Visit - Details to follow	Year 6	Hethersett Memorial Park
19 May	11am	Girls Dynamo Cricket	Selected Year 5/6 Pupils	Eaton Park
19 May	2pm	Netball Training	Year 6	School Playground
19 May	2.30pm	SEND Surgery		
20 May	10.15am	Trampoline Park Visit	Orchard Class	High Altitude
21 May	1.45pm	Stay and Play	Orchard Class	
21 May	3.30pm	Year 6 Netball Tournament	Selected Year 6 Pupils	City Academy
23 May		Class and Year 6 Leaver's Photos		
23 May	3.15pm	School closes for Half -Term		
<b>June</b>				
2 June		Return to School following Half-Term		
2 June	2pm	Netball Training	Year 6	School Playground
3 June		'Run Woodside' CSF Event	Whole School	
4 June	9am	'Bags 2 Schools' Collection		School Office
4 June	3.30pm	Year 6 Netball Tournament	Selected Year 6 Pupils	City Academy
10 June	9.45am	Panathlon Multi Sports	Years 3 - 6	UEA Sportspark
11 June	1.30pm	Local Library Trip	Chestnut	Hethersett Library

17 June	9am	Year 6 Trip to Colchester Zoo - Details to follow	Year 6	Colchester
18 June	1.30pm	Local Library Trip	Holly	Hethersett Library
25 June	1.30pm	Local Library Trip	Elm	Hethersett Library
26/27 June	12.30pm	Extra Transition	Selected Year 6	Hethersett Academy
30 June - 2 July		Hethersett Academy Transition	Year 6	Hethersett Academy

## SCHOOL ATTENDANCE

Class	Attendance w/c 03/03	Attendance w/c 10/03	Attendance w/c 17/03	Attendance w/c 24/03
Rowan	94%	91%	89%	84%
Sycamore	95%	93%	95%	93%
Chestnut	97%	95%	94%	96%
Holly	97%	97%	95%	99.6%
Hazel	91%	88%	89%	92%
Laurel	97%	95%	94%	96%
Beech	98%	94%	96%	94%
Lime	96%	98%	91%	95%
Cedar	99%	99%	99%	95%
Hawthorn	97%	97%	97%	95%
Ash	97%	94%	95%	93%
Birch	96%	98%	96%	98%
Elm	94%	99%	98%	96%
Maple	99%	96%	95%	99%

## FUNDRAISING - COMIC RELIEF!



We had such a fun time in the sunshine on Red Nose Day to create this coin trail! Thank you so much to everyone who brought in coins to help make our trail that you can see in the photo here! Thank you to: our brilliant School Council for their great idea, everyone who helped to set up the trail and also those children who have given up their lunchtimes to help count the coins! We are still in the process of counting up all the coins but we are so pleased to announce that we have raised over £300 for Comic Relief! Well done everyone!

# AUTHOR VISIT

In March our Year 1 and Year 2 classes welcomed author Ian Brown into school. The children had a fantastic time discovering Ian's book 'Albert Upside Down' about a tortoise with a problem that he can only solve with teamwork!

The children were able to purchase their own copies on the day and have them signed by Ian.

These events are always popular with the children and encourage a love of reading and writing their own stories! Thank you to Waterstones Norwich for arranging the visit with Ian.



# WORLD BOOK DAY!

We are delighted to share that our recent World Book Day celebration was a huge success! The children embraced the day with enthusiasm, creativity, and a deep love for reading, making it a memorable event for all.

A special thank you to all the parents and carers who supported the event, by donating books. We were overwhelmed with your generosity. The book sale raised a whopping £275 which we will use to enhance our school library. Your involvement plays a key role in making days like World Book Day so special.



As part of the day, children from Y2 to Y6 wrote their very own short stories, taking inspiration from all the stories they have previously read and enjoyed! They were challenged to write a story for Mr. McCabe to keep his spirits up, and were told they could even include Mrs. Mainwaring as a character because he's been missing her so much!!! Our wonderful connections at Waterstones in the city provided prizes, and a book per class was given to the most successful short story!

# INCLUSION



Our next half termly SEND Surgery will be on Monday 19th May 2:30 - 4:30. If you would like to attend one of these appointments with Mrs Jefferson to discuss any SEND concern or query you may have please fill out the link on this form:

<https://forms.gle/7sCYdMTB1HWP5Kj1A>



Spring 2025  
**Newsletter**

FACE delivers online support via zoom for parents across the UK  
Talks are 90 minutes long, £24 each - Book Online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)



Schools can now buy a  
**FACE School Annual Membership**  
which means **ALL** parents and **ALL** staff  
get unlimited **FREE** access to **ALL** 16 parent talks

<p>Thursday 24th April 19:00 - 20:00 <b>FREE</b></p>		<p><b>Responding to Angry Behaviour</b> What can we do in the moment?</p>
<p>Tuesday 18th March 10:00 - 11:30 £24</p>		<p><b>Anxiety Explained</b> Anxiety, especially in our young is rising. This session explains what it is, why it happens and how you can help.</p>
<p>Thursday 3rd April 10:00 - 11:30 £24</p>		<p><b>Supporting a Child with ADHD</b> Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.</p>
<p>Tuesday 3rd April 19:00 - 20:30 £24</p>		<p><b>Improving Family Communication</b> How to reduce the shouting and arguing and start the talking.</p>

facefamilyadvice.co.uk.
info@facefamilyadvice.co.uk

## WOODSIDE CHOIRS & MUSIC

### Norfolk County Music Festival

Both the Acorns and Oaks Choirs performed separately to a large audience and adjudicator, Lin Marsh, at the Kings Centre on Thursday 20th March. The Acorns (Year 1s and 2s) sang with energy and were praised for showing great joy and fun. The Oaks (Years 3 - 6) were praised for their good technique, sense of style and effective singing in two parts. Their behaviour was excellent and they all represented Woodside very well indeed!



### CASMA

The week before, on Tuesday 11th March, the Oaks Choir performed as part of a much larger choir of nearly 200 children from 7 schools to sing a full concert at St Peter Mancroft Church. They all enjoyed themselves and worked hard to remember all the words, actions and different parts to sing.

If your child would like to join the Acorns Choir or Oaks Choir please [fill in this google form](#) to sign them up. It is a free club but we expect that the school values are adhered to: Respect, Responsibility and Resilience.

Acorns Choir - Reception and Years 1 and 2 - Tuesdays before school - Sycamore  
Oaks Choir - Years 3, 4, 5 and 6 - Tuesdays after school - Main Hall

### Musical Instrument Lessons at Woodside

If you are interested for your child to have musical instrument lessons, here are the contact details for our different teachers:

**Recorder, flute, clarinet, saxophone** - David Wragg – [dcwragg@icloud.com](mailto:dcwragg@icloud.com)

**Piano** – Fiona Kerr – [fionapblack@gmail.com](mailto:fionapblack@gmail.com)

**Guitar** - Mark Campling – [markcamplingmusic@gmail.com](mailto:markcamplingmusic@gmail.com)

**Ukulele** – Gemma Cullingford – [gemsta@gmail.com](mailto:gemsta@gmail.com)

**Drums** – [danielhowe25@hotmail.co.uk](mailto:danielhowe25@hotmail.co.uk)

**Violin, viola, cello** – Ceri Peterson - contact Victoria Smith – [vsmith@hethersettwoodside.org.uk](mailto:vsmith@hethersettwoodside.org.uk)

Any questions... please contact Victoria Smith, Music Lead - [vsmith@hethersettwoodside.org.uk](mailto:vsmith@hethersettwoodside.org.uk)



# E-SAFETY

For e-safety this month, we're looking at Whatsapp, primarily to point out that it is a 13+ years old app (16+ until recently). Please see below for some of the risks:

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about WHATSAPP

With more than two billion active users, WhatsApp is the world's most popular messaging service. Its end-to-end encryption only allows messages to be viewed by the sender and any recipients: not even WhatsApp itself can read them. The UK's Online Safety Bill proposes to end such encryption on private messaging, but for the time being, this controversial feature remains.

**AGE RESTRICTION 13+**

### WHAT ARE THE RISKS?

**EVOLVING SCAMS**  
WhatsApp's popularity makes it a lucrative hunting ground for scammers. Recent examples include posing as the target's child, requesting a money transfer because of a spurious 'emergency' - plus a scam where fraudsters trigger a verification message by attempting to log in to your account, then (posing as WhatsApp) call or text to ask you to repeat the code back to them, giving them access.

**CONTACT FROM STRANGERS**  
To start a chat, someone only needs the mobile number of the WhatsApp user that they want to message. Therefore, if a child has ever given their number out to someone they don't know, that person could then contact them via WhatsApp. It's also possible that the child might be added to a group chat or community (by one of their friends, for example) containing other people that they don't know.

**CHAT LOCK**  
In 2023, WhatsApp introduced a feature that lets users keep their chats in a separate 'locked chats' folder, saved behind their phone's passcode, fingerprint or face ID authentication. They subsequently developed an additional feature - 'Secret Code' - where users set a unique password for their locked chats. Unfortunately, this function creates the potential for young people to hide conversations and content they suspect their parents wouldn't approve of (such as age-inappropriate material).

**COMMUNITIES AND GROUPS**  
A community is a collection of related groups on WhatsApp. They can consist of thousands of users. Communities can often be used by scammers to target large groups, hoping someone clicks on their link or responds to their requests in communities and groups, there are multiple ongoing conversations, which results in pressure to respond. Members - even if they are not each other's contacts - will be able to see any messages sent into the group.

**VIEW ONCE CONTENT**  
The ability to send images or messages that can only be viewed once has led to some WhatsApp users sharing inappropriate material or abusive texts, knowing that the recipient can't re-open them later to use as evidence of misconduct. People used to be able to screenshot this disappearing content - but a recently added WhatsApp feature now blocks this, citing protection of privacy.

**FAKE NEWS**  
WhatsApp's connectivity and ease of use allows news to be shared rapidly - whether it's true or not. To combat the spread of misinformation, messages forwarded more than five times on the app now display a 'Forwarded many times' label and a double arrow icon. This makes users aware that the message they've just received is far from an original - and might not be entirely factual, either.

**VISIBLE LOCATION**  
WhatsApp's 'live location' feature lets users share their current whereabouts, which can be helpful for friends meeting up or parents checking that their child is safe while out, for example. However, anyone in a user's contacts list or in a mutual group chat can also track their location - potentially letting strangers identify a child's home address or journeys that they make regularly.

### Advice for Parents & Educators

**EMPHASISE CAUTION**  
Encourage children to treat unexpected messages with caution: get them to consider whether it sounds like something a friend or relative would really send them. Make sure they know never to share personal details over WhatsApp, and to be wary of clicking on any links in messages. Setting up two-step verification adds a further layer of protection to their WhatsApp account.

**ADJUST THE SETTINGS**  
It's wise to change a child's WhatsApp settings to specify which of their contacts can add them to group chats without needing approval. You can give permission to 'My Contacts' or 'My Contacts Except...'. Additionally, if a child needs to use 'live location', emphasise that they should enable this function for only as long as they need - and then turn it off.

**DISCUSS GROUP CHATS**  
Make children aware that there could be members of a group that they don't know well and that words can be misinterpreted. Encourage them to leave a good impression, to avoid joining in if conversations turn towards bullying, and to respond to such situations in an appropriate way. Make sure they know that it's OK to leave a group chat if it makes them uncomfortable - or for any reason, in fact.

**THINK BEFORE SHARING**  
Help children understand why it's important to stop and think before posting or forwarding something on WhatsApp. It's easy - and all too common - for content that a user posts to be shared more widely, even publicly on social media. Encourage children to consider how an impulsive message or forwarding might damage their reputation or upset a friend who sent something to them in confidence.

**CHAT ABOUT PRIVACY**  
Check in with the child about how they're using WhatsApp, making sure they know you only have their safety at heart. If you spot a 'locked chats' folder, you might want to talk about the sort of content they've stored in there, who they're talking to, and why they want to keep these chats hidden. Also, if children send any 'view once' content, it could be helpful to ask them why.

**Meet Our Expert**  
Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

**...HEY OSO #WakeUpWednesday**

**The National College**

Source: <https://blog.whatsapp.com/an-open-letter> | <https://faq.whatsapp.com/077018839582332> | [https://faq.whatsapp.com/68102896189248?hl=prfr-hc\\_hav](https://faq.whatsapp.com/68102896189248?hl=prfr-hc_hav) | <https://www.whatsapp.com/security> | <https://blog.whatsapp.com/chat-lock-making-your-most-private-conversations-more-private> | <https://www.aura.com/learn/whatsapp-scams>

**@wake\_up\_weds** **f /www.thenationalcollege** **@wake.up.wednesday** **@wake.up.weds**

Users of this guide do so at their own discretion. No liability is entered into. Release date: 20.09.2023 Last reviewed: 30.05.2024



# HEALTH AND WELLBEING

For this month's P.E challenges we have two energetic games for you to play. The games require limited equipment and space to run around. Why not have a try at All Four, I Score or 6 in a Row over the Easter Holiday's with your friends and family!

Please also see information regarding the importance of a good night's sleep for mental wellbeing, including tips on how to improve sleep habits

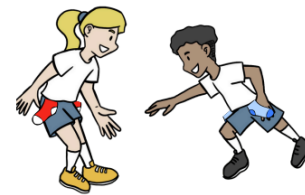
## All Four, I Score



**What you need:** four socks and a partner

### How to play:

- Tuck two socks into your waistband, one on either side, so that they hang down.
- Stand facing your partner.
- Try to take your partner's socks. If you manage to get one, hold it in the air and shout 'tag'. At this point, the game stops so that you can tuck the additional sock into your waistband.
- Restart the game. To win, you need to get all four socks tucked into your waistband.



[www.getset4education.co.uk](http://www.getset4education.co.uk)

© Copyright Get Set 4 Education Ltd.

## 6 in a Row



**What you need:** 6 shoes, two dice, a line marker e.g. dressing gown rope or a line on the floor and two or more players.

### How to play:

- Place the 6 shoes in a row on the line.
- The two players begin at opposite ends of the shoes with one dice each.
- The shoes are numbered 1 - 6 from each player's end so one player's #6 will be their opponent's #1 etc.
- Roll the dice and run to the shoe with the corresponding number. Move that shoe to the right side of the line.
- Run back to the dice and roll again.
- The winner is the player to have all 6 shoes on their right of the line, or whomever has the most shoes in 4 minutes.
- Make this easier by playing first to four shoes.



[www.getset4education.co.uk](http://www.getset4education.co.uk)

© Copyright Get Set 4 Education Ltd.

**The importance of sleep in mental health**  
Sleep plays a vital role in your child's mental health and overall well-being. For primary-aged children, a good night's sleep is essential for emotional balance, learning, and physical health. Yet, with busy schedules, screen time, and excitement about the day ahead, many children don't get the rest they need.

**Why sleep matters for your child**  
Sleep isn't just about rest— it's when your child's brain and body do some of their most important work. Here's how sleep supports your child's mental health and development:

- **Improves mood and emotional regulation:** a well-rested child is better equipped to handle frustrations, challenges, and social interactions.
- **Boosts learning and memory:** sleep helps consolidate what your child has learned during the day, making it easier to retain new information.
- **Reduces stress and anxiety:** consistent sleep patterns can lower stress levels, helping your child feel calm and focused.
- **Supports physical health:** sleep strengthens the immune system and promotes healthy growth.

**Signs your child might not be getting enough sleep**

It's not always obvious when children are sleep-deprived, but here are some common signs to watch for:

- difficulty waking up in the morning
- frequent mood swings or irritability
- trouble focusing or remembering things at school
- increased hyperactivity or impulsivity.

## TIPS FOR BETTER SLEEP HABITS

- 1 Set a consistent bedtime routine**  
A predictable schedule helps signal to your child's brain that it's time to wind down.
- 2 Limit screen time**  
Encourage your child to avoid screens at least an hour before bedtime, as blue light can interfere with sleep.
- 3 Create a calm sleep environment**  
Keep your child's bedroom cool, quiet, and dark to promote restful sleep.
- 4 Encourage relaxation activities**  
Reading a book, listening to soft music, or practicing deep breathing can help your child relax before bed.
- 5 Model good sleep habits**  
Children learn by example, so demonstrating the value of prioritising sleep is crucial.

### HOW MUCH SLEEP DOES YOUR CHILD NEED?

Experts recommend the following sleep durations for primary-aged children:  
Ages 9-12: 9-12 hours per night  
To determine an appropriate bedtime for your child, start by considering the time they need to wake up in the morning and work backward.  
For instance, if your child needs to wake up at 7:00 AM to get ready for school, aim for a bedtime between 7:00 PM and 8:00 PM to ensure they get the recommended amount of sleep for their age.



# COMMUNITY NOTICES & HOLIDAY ACTIVITIES



**NATIONAL**  
NORWICH SWAN SWIMMING CLUB

## PARENT AND TOTS TENNIS

A fun filled introduction to tennis for tots! Children will work in pairs with their parent, learning about the basics of tennis and having loads of fun along the way!

**3 TO 5 YEAR OLDS**

- ✓ Racket & ball skills
- ✓ Agility, balance & coordination exercises
- ✓ Improve communication & teamwork skills
- ✓ Enhance confidence & social development

**EASTER HOLIDAYS**  
9:00 - 10:00am £9 per day

**CNS TENNIS**  
CITY OF NORWICH SCHOOL, EATON ROAD, NORWICH, NR4 6PP

nationaltennis.org.uk/camps/norfolktots  
hello@nationaltennis.org.uk



**NATIONAL**  
NORWICH SWAN SWIMMING CLUB

## JUNIOR TENNIS CAMP

**BOYS & GIRLS 5-15 Years Old**

Action packed holiday camps with team challenges, tennis skills, games and prizes.

All equipment is provided, no prior experience necessary.

**9:00am - 11:30am\***  
\*Times may vary so please check the website

8th - 11th April

**From £16 per day**

**Venues**

- Eaton Park**  
South Park Ave, Norwich, NR4 7AZ
- Heigham Park**  
The Avenues, Norwich, NR4 3PA
- CNS Tennis**  
Eaton Road, Norwich, NR4 6PP
- Cringleford Tennis Club**  
Oakfields Road, Cringleford, NR4 6XF

nationaltennis.org.uk/camps/norfolk  
hello@nationaltennis.org.uk



**NORWICH SWAN**  
Founded 1880

## Easter Swim

**Learn to Swim!**  
One Week Intensive Swimming Course  
For Beginners and Improvers

Broadland High, Colman Junior and Heartsease Primary Schools

Learn a vital Life Skill this Easter!

Learn to Swim in a fun and safe environment this Easter holiday with Norwich Swan Swimming Club. Book now to secure your place. Age 4+  
www.norwichswansc.co.uk  
email: membership@norwichswansc.co.uk

### Events at Waterstones Norwich

*Do you love Animals, Drawing and reading?  
Then get ready to meet Jack-Jack, the World's coolest Dog!*  
Saturday April 12<sup>th</sup> at 11am



Join author Ben Garrod and illustrator Charli Vince for a fun interactive session all about their series *The Adventures of Jack-Jack, the world's coolest dog.*

Ben says 'It's the best job in the world when you get to write about your best mate. When he happens to be a snake-wrangling, chimp-wrestling, snack-loving dog, it doesn't feel like work at all.'

Expect live story-telling and draw-alongs, plus colouring and a chance to ask all your dog related questions. The session will be followed by a book signing. Ideal for ages 6 and up.

Free to attend but please book your place by emailing [events.norwich@waterstones.com](mailto:events.norwich@waterstones.com)

Find us on Facebook, Instagram (@norwichstones), Tiktok and Twitter



## BUBBLE RUSH

**FOAMY FUN RUN!**

**NORWICH**  
Sunday 18th May 2025  
Norfolk Showground, Norwich  
[each.org.uk/NorwichBR](http://each.org.uk/NorwichBR)

Registered charity no. 1069284  
Sponsored by **BATEMAN GROUNDWORKS**

each  
East Angles Children's Resources



## LEARN HOW TO PLAY BADMINTON

**NEW JUNIOR COURSE STARTING AT LONG STATTON LEISURE CENTRE**

- Suitable for juniors aged 7 - 11 of any ability level
- 4 sessions lead by a professional coach with all equipment provided
- Learn all the basic shots and improve your technique and tactics

Every Wednesday 16:15 - 17:15 from 30 April for 4 weeks  
£32 for full course  
Call 01508 531444 to book

Leisure South Norfolk

**Splashdown holiday courses with the Norwich Penguins:**



Join the Norwich penguins for a fun filled 4 or 5 day holiday course.

February half term	Recreation Road Infant	17/02/2025 - 21/02/2025	5 days	9:00 am to 11:00am
February half term	Colman Junior School	17/02/2025 - 21/02/2025	5 days	9:00 am to 11:00am
Easter Break	Recreation Road Infant	07/04/2025 - 11/04/2025	5 days	9:00 am to 11:00am
Easter Break	Colman Junior School	07/04/2025 - 11/04/2025	5 days	9:00 am to 11:00am
Easter Break	Heartsease Primary Academy	07/04/2025 - 11/04/2025	5 days	9:00 am to 11:00am
Easter Break	Recreation Road Infant	14/04/2025 - 17/04/2025	4 days	9:00 am to 11:00am
Easter Break	Colman Junior School	14/04/2025 - 17/04/2025	4 days	9:00am to 11:00 am

May half term Recreation Road Infant 27/05/2025 - 30/05/2025 4 days 9:00 am to 11:00am

The 5 day Course is priced at £40 and the 4 day course is priced at £32 - Sessions are 30 minutes per day.

Please phone the office on 01603 984949 to book a place and make payment.



We coach ALL GIRLS from Age 3 upwards Individual sessions for all age groups - We coach basics to complex skills. Our sessions are child centred, friendly and fun. COME, TRY, AND GIVE IT GO FOR FREE!

Open Academy  
Salhouse Road, Norwich,  
NR7 9DL  
iceni-basketball.uk  
norfolkicenibasketball  
Norfolkicenibasketball@gmail.com

U10 (age 3+)	Sunday	3pm - 4pm
U12 (Yr 5/6)	Saturday	12:30pm - 2pm
U12 skills	Monday	5pm - 6pm
U14 (Yr 7/8)	Saturday	2pm - 3:30pm
U14 skills	Monday	6pm - 7:30pm
U16 (Yr 9/10)	Sunday	4:30pm - 6pm
U16 skills	Tuesday	5:30pm - 7pm
Ladies	Thursday	8:30pm - 10pm
Ladies	Sunday	6pm - 7:30pm

**COME JOIN US!**



**Launch into action-packed activities with **ESKA Karate** 7th - 17th April 2025**

- Funded holiday scheme for children
- Fantastic martial arts activities with a free healthy meal
- FREE for all children who receive benefits-related free school meals
- Inclusive, SEN-friendly sessions



**Booking now open!**

<https://bignorfolkholidayfun.activityfinder.net/providers/big-norfolk-holiday-fun/sessions/f2de183b-7758-47de-899b-1b838404ae6e>

<https://everymovenorfolk.activityfinder.net/providers/everymovenorfolk/session/a27914a6-9f7a-4929-8b3d-81f768bc1245> (SEN sessions)



[www.dramakids.co.uk/norwich](http://www.dramakids.co.uk/norwich)

**POP UP WORKSHOPS**

Wednesday 9th April 9am-12pm  
Eaton Park Community Centre

Thursday 10th April 10am-4pm  
Castle Quarter - FREE!

Tuesday 15th April 9am-12pm  
Hellesdon Community Centre

Tuesday 15th April 1pm-4pm  
The Pavilion, Cringleford

Wednesday 16th April 1pm-4pm  
Clover Hill Village Hall

**BOOK NOW**

**ROCK STEADY**

**ROCK AND POP BAND LESSONS!**

**Ignite their inner spark**

- 🎵 Learn to play an instrument in their very own band.
- 👦 Fun and inclusive in-school band lessons.
- 📖 Follow their musical journey in your Backstage account.
- 🎓 Exam-free, Ofqual-regulated Trinity Music qualification.
- 🎒 Instruments provided and no experience necessary.

**BOOK YOUR CHILD'S PLACE ONLINE**

0330 113 0330 (Mon-Fri 8am-8pm, Fri 8am-6pm, local rate)

[rocksteadymusicschool.com](http://rocksteadymusicschool.com)

# KIDS CAMP

**Hop into the Easter holidays with Kids Camp!**

Sessions available at Wymondham Leisure Centre and Long Stratton Leisure Centre starting from just £22.

Monday 7 April to Tuesday 22 April (excluding bank holidays and weekends).

Book now at [southnorfolkleisure.co.uk](http://southnorfolkleisure.co.uk)

Prices increasing from 1 April so book now!

Leisure South Norfolk



4 pm to 6 pm on Saturday 5 April

Where: St Remigius Church, Hethersett

Children need to bring a parent or guardian

For further details contact: Sue on 01953 607719

Facebook page: Messy Church, Hethersett



## Easter

at the Sandringham Estate Traditional Family Forest School.

15th, 16th, 17th April. £10 per child.

All children must be accompanied

10. 30am-12 noon.

Bookings: [www.sandringhamestate.co.uk/events](http://www.sandringhamestate.co.uk/events)

Dens, trees, mud, crafts, fire, bugs, tools, hammocks, archery (Tues only). Suitable for all ages.



## EASTER CAMP IS HERE!

We are excited to announce we are partnering up with ACTIVE NORFOLK - BIG NORFOLK HOLIDAY FUN – OFFERING FREE SPACES for our upcoming Easter Half Term Camp,

All camp days are hosted at City Academy Norwich

To book free spaces with lunch. Please follow the links below to sign up!

School Years 1 – 6 HAF Spaces

<https://everymovenorfolk.played.co/venues/36188f7a-5cea-4564-bea0-7532f8dc618f/sessions/e6e8807a-31b7-492b-b4aa-ce3b2645ecfd>

School Years 7 – 13 HAF Spaces

<https://everymovenorfolk.played.co/venues/36188f7a-5cea-4564-bea0-7532f8dc618f/sessions/2c3d34bd-1bff-4fc8-b041-0eb204ec0d53>

SEND School Years 1 – 13 HAF Space

<https://everymovenorfolk.played.co/venues/36188f7a-5cea-4564-bea0-7532f8dc618f/sessions/df81dca7-4b09-4082-bef0-9850ff95c773>

## The Sandringham Estate Heads Up for SPRING

Family Seed Planting Workshops April 15th 16th 17th



Join the Sandringham Education Team this Easter for a celebration of Spring and Growing.

Choose from a range of resources and ideas to make your own growing head.

All resources provided.

1.00pm-2.30pm

Located at the School Room in the Stables Courtyard.

£20 per child booking essential.

Suitable from 3 years upwards.

One adult receives admission to the garden with every ticket sold.

Parking extra.