


Autumn / Winter

Menu 2024/25




Introducing our Autumn/Winter School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients where possible!

Did you know?

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from **East Anglian** suppliers.

We use **wholewheat** flour in our bread and pastry recipes! In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events, please check details with your school.



A full allergen list for this menu can be found on our website www.norsecatering.co.uk
Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school



If you think your child/children may be eligible for a **FREE** school meal visit www.gov.uk/apply-free-school-meals

www.norsecatering.co.uk

Please note the menu may be subject to change to meet local needs.

1

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Margherita Pizza with Potato Wedges (v)	Breaded Chicken with a Dip and Mexican Rice	Chipolata Sausages, Yorkshire Pudding, Mashed Potato and Gravy	Beef Bolognese with Pasta	Breaded Fish Fingers and Chips
Hot Option 2	Tex Mex Chilli with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Plant Sausages, Yorkshire Pudding, Mashed Potato and Gravy (v)	Sweet Potato and Lentil Curry with Steamed Rice (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with a choice of two fillings : Choose from Tuna Mayo, Cheese and Baked Beans				
Served with	Crunchy Vegetable Sticks	Sweetcorn	Broccoli and Carrots	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Lemon Cupcake	Pear and Ginger Sponge with Custard	Oaty Cookie	Beetroot Brownie	Vanilla Crunch Bar with Apple Wedges
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Popcorn, Lemon Cupcake	Ham or Cheese Sandwich, Pizza Finger, Melon Wedge, Pear and Ginger Cake	Ham or Cheese Wrap, Salad Sticks, Sultanas, Oaty Cookie	Tuna Mayo or Cheese Sandwich, Salad Sticks, Popcorn, Beetroot Brownie	Cheese and Tomato Pasta Pot, Sultanas, Apple Wedges, Vanilla Crunch Bar

Week One: 4 Nov | 25 Nov | 16 Dec | 20 Jan | 10 Feb | 10 Mar | 31 Mar — Fresh Fruit Available Daily

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Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Margherita Pizza with Potato Wedges (v)	Beef Burrito Bake with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Pork and Carrot Meatballs in Tomato Sauce with Pasta	Breaded Fish Fingers and Chips
Hot Option 2	Spanish Omelette with Potato Wedges (v)	BBQ Plant Balls with Pasta (v)	Cheese and Potato Pie with Gravy (v)	Vegetable Risotto (v)	Vegetarian Enchilada and Chips (v)
Jacket Potato	Jacket Potato with a choice of two fillings : Choose from Tuna Mayo, Cheese and Baked Beans				
Served with	Baked Beans	Mixed Salad	Cabbage and Carrots	Peas and Sweetcorn	Peas or Baked Beans
And for Pudding	Autumn Feast Muffin	Cocoa Mousse	Toffee Cream Shortbread	Apple Crumble with Custard	Flapjack with Orange Wedges
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Popcorn, Autumn Feast Muffin	Ham or Cheese Sandwich, Pizza Finger, Orange Wedges, Cocoa Mousse	Ham or Cheese Wrap, Salad Sticks, Sultanas, Toffee Cream Shortbread	Tuna Mayo or Cheese Sandwich, Popcorn, Melon Wedge, Fruit Yogurt	Cheese and Tomato Pasta Pot, Salad Sticks, Orange Wedges, Flapjack

Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar — Fresh Fruit Available Daily

3

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Chicken Curry with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Burger in a Roll with Potato Wedges	Breaded Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Vegemince Curry with Steamed Rice (v)	Cheesy Pasta (v)	Lentil Roast with Roast Potatoes and Gravy (v)	Homemade Bean Burger in a Roll with Potato Wedges (v)	Cheese and Potato Pastry Pinwheel with Chips (v)
Jacket Potato	Jacket Potato with a choice of two fillings : Choose from Tuna Mayo, Cheese and Baked Beans				
Served with	Sweetcorn	Mixed Vegetables	Carrots and Green Beans	Coleslaw, Peas and Sweetcorn	Peas or Baked Beans
And for Pudding	Cocoa Sponge with Sauce	Vanilla Ice Cream	Shortbread with Apple Wedges	Fruit Jelly	Iced Sprinkle Cake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Popcorn, Cocoa Sponge	Ham or Cheese Sandwich, Pizza Finger, Melon Wedge, Vanilla Ice Cream	Ham or Cheese Wrap, Salad Sticks, Apple Wedges, Shortbread	Tuna Mayo or Cheese Sandwich, Popcorn, Orange Wedges, Fruit Jelly	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas, Iced Sprinkle Cake

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar — Fresh Fruit Available Daily